

Struthers Elementary Lunch Menu

Food Service Director: Dru Clyde
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JANUARY

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 Mexican Pizza Corn Choice of Fruit Choice of Milk	4 4 Cheese Pizza Peas Choice of Fruit Choice of Milk
7	Chicken Nuggets Mashed Potato / Gravy Choice of Fruit Choice of Milk	8 Walking Taco Glazed Carrots Salas, Cheese Choice of Fruit Choice of Milk	9 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie	10 Pancakes Tri Potato Sausage Links Choice of Fruit Choice of Milk	11 Corn Dog Baked Beans Choice of Fruit Choice of Milk Doritos
14	Hamburger Corn Choice of Fruit Choice of Milk	15 Bosco Cheese Sticks Broccoli Choice of Fruit Choice of Milk	16 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie	17 Pasta / Meatballs Carrots & Celery / Dip Choice of Fruit Choice of Milk	18 Hot Dog Baked Beans Choice of Fruit Choice of Milk Assorted Chips
21	NO SCHOOL	22 Cocca's Pepperoni Rolls Seasoned Broccoli Choice of Fruit Choice of Milk	23 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie	24 Ravioli Green Beans Roll / Butter Choice of Fruit Choice of Milk	25 Toasted Cheese Tomato Soup Carrots & Celery Choice of Fruit Choice of Milk
28	Chicken Sandwich Potato Rounds Choice of Fruit Choice of Milk	29 Chicken Quesadilla Peas Choice of Fruit Choice of Milk Teddy Grahams	30 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie	31 Meatball Sub Green Beans Choice of Fruit Choice of Milk	
	Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate