

Struthers High School Lunch Menu

Food Service Director: Dru Clyde
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February

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cocca's Pizza Broccoli Choice of Fruit Choice of Milk COOKIE
4 Classic Hamburger Scalloped Potato Choice of Fruit Choice of Milk	5 Mexican Pizza Green Beans Choice of Fruit Choice of Milk	6 Italian Dunkers Broccoli Choice of Fruit Choice of Milk	7 Hot Dog with Topping Baked Beans Choice of Fruit Choice of Milk	8 Papa Johns Toss Salad Choice of Fruit Choice of Milk Cookie
11 Breakfast For Lunch Pancakes Sausage Links Tri Potato Choice of Fruit Choice of Milk	12 Cheeseburger Sliders Broccoli Choice of Fruit Choice of Milk Potato Chips	13 CHAPULTE Lime Rice Corn Salas & Black Beans Choice of Fruit Choice of Milk	14 Cocca's Pizza Tossed Salad Choice of Fruit Choice of Milk COOKIE	15 No School
18 No School	19 Maxi Cheese Sticks Broccoli Choice of Fruit Choice of Milk	20 Beefy Nacho Cheese, Refried Beans Corn and Salsa Choice of Fruit Choice of Milk	21 Pasta & Meatballs Carrots & Celery /w Dip Choice of Fruit Choice of Milk	22 Papa Johns Toss Salad Choice of Fruit Choice of Milk COOKIE
25 Sweet & Spicy Chicken Rice Seasoned Corn Choice of Fruit Choice of Milk	26 Bacon Cheeseburger Baked Beans Choice of Fruit Choice OF Milk	27 Popcorn Chicken Mashed Potato / Gravy Choice of Fruit Choice of Milk	28 Toasted Cheese Tomato Soup Celery & Carrots Choice of Fruit Choice of Milk Goldfish Crackers	1 Cocca's Pizza Toss Salad Choice of Fruit Choice of Milk Cookie
Monday Alternate Corndog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Sliders	Thursday Alternate Mexican Pizza	Friday Alternate Wraps