

MiddleSchool Lunch Menu

Food Service Director: Dru Clyde
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FEBRUARY

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1 Cocca's Pizza Tossed Salad Choice of Fruit Choice of Milk Cookie
4	Cocca' Pepperoni Dipping Sauce Corn Choice of Fruit Choice of Milk	5 BBQ Rib Sandwich Seasoned Carrots Choice of Fruit Choice of Milk	6 Mexican Pizza Cheesy Refried Beans Salas, Choice of Fruit Choice of Milk	7 Sloppy Joes Waffle Fries Choice of Fruit Choice of Milk	8 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie
11	Crispy Popcorn Chicken Mashed Potato Choice of Fruit Choice of Milk	12 Hot Dog with Topping BBQ Baked Beans Choice of Fruit Choice of Milk	13 Beef Ravioli Cheese Stick Celery & Carrots Choice of Fruit Choice of Milk	14 Cocca's Pizza Tossed Salad Choice of Fruit Choice of Milk Cookie	15 NO SCHOOL
18	NO SCHOOL	19 Cheeseburger Sliders Crispy French Fries Seasoned Black Beans Choice of Fruit Choice of Milk	20 Toasted Cheese Creamy Tomato Soup Carrots & Celery Sticks Choice of Fruit Choice of Milk Goldfish Crackers	21 Walking Beef Taco Cheese, & Salsa, Cheesy Refried Beans Carrots & Celery Choice of Fruit Choice of Milk	22 Papa Johns Tossed Salad Choice of Fruit Choice of Milk Cookie
25	Pasta / Meatballs Green Beans Choice of Fruit Choice of Milk	26 Pancakes Sausage Links Tri Potato Choice of Fruit Choice of Milk	27 Mini Corn Dogs Baked Beans Choice of Fruit Choice of Milk DORITOS	28 Crispy Chicken Sanwich Sweet Potato Fries Choice of Fruit Choice of Milk	1 Cocca's Pizza Tossed Salad Choice of Fruit Choice of Milk Cookie
	Monday Alternate Corn dog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Sliders	Thursday Alternate Salad	Friday Alternate Wraps