

Struthers Elementary Lunch Menu

Food Service Director: Dru Clyde
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August

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

***Students must choose at least one fruit or vegetable**

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			22 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	23 Corn Dog Baked Beans Choice of Fruit Choice of Milk	24 Hamburger Green Beans Choice of Fruit Choice of Milk
	27 Chicken Nuggets Soft Pretzel Hash Browns Choice of Fruit Choice of Milk	28 Bosco Cheese Sticks Glazed Carrots Choice of Fruit Choice of Milk	29 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	NO SCHOOL	NO SCHOOL
	Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate