Struthers Elementary Lunch Menu

Food Service Director: Dru Clyde
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December

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
Students must choose at least one fruit or vegetable

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
***May choose two 1/2 cup servings**

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
***May choose 1/2 cup serving**

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Paid $x.xx
Reduced $.xx
Adult $

This institution is an equal opportunity provider

Whole Grains Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **Chicken Bites** **Mashed Potato Gravy** Choice of Fruit Choice of Milk	4 **Bosco Cheese Sticks** **Broccoli** **Choice of Fruit** Choice of Milk	5 **Papa Johns Pizza** **Romaine Salads** Choice of Fruit Choice of Milk Fresh Baked COOKIE	6 **Three Cheese Pizza** **Corn** Choice of Fruit Choice of Milk	7 **Hot Dog** **Baked Beans** **Potato Chip** Choice of Fruit Choice of Milk
10 **Crispy Chicken Sandwich** **Potato Rounds** Choice of Fruit Choice of Milk	11 **Hamburger** **Corn** Choice of Fruit Choice of Milk	12 **Papa Johns Pizza** **Romaine Salads** Choice of Fruit Choice of Milk Fresh Baked COOKIE	13 **Pasta with Meatballs** **Green Beans** Choice of Fruit Choice of Milk	14 **Toasted Cheese** **Tomato Soup** **Carrots & Celery** Choice of Fruit Choice of Milk Goldfish Crackers
17 **Chicken Nugets** **Mashed Potato** Choice of Fruit Choice of Milk	18 **Walking Taco** **Corn** **Refried Beans Salsa** Choice of Fruit Choice of Milk	19 **Papa Johns Pizza** **Romaine Salads** Choice of Fruit Choice of Milk Fresh Baked COOKIE	20 **Turkey,Ham &Cheese Sub** **Baked Beans** Choice of Fruit Choice of Milk Baked Lays CHIPS	21 **Corn Dog** **Green Beans** Choice of Fruit Choice of Milk
Monday Alternate	**Tuesday Alternate**	**Wednesday Alternate**	**Thursday Alternate**	**Friday Alternate**