

Struthers Middle Lunch Menu

Food Service Director: Dru Clyde
Dru.Clyde@strutherscityschools.org
330-750-1062 x 41328

DECEMBER

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	Walking Taco Refried Beans Cheese Salsa Choice of Fruit Choice of Milk	4 Cocca's Pepperoni Rolls Broccoli Choice of Fruit Choice of Milk	5 Popcorn Chicken Mashed Potato /Gravy Choice of Fruit Choice of Milk	6 Pasta with Meatballs Green Beans Choice of Fruit Choice of Milk	7 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk FRESH BAKED COOKIE
10	Mexican Pizza Glazed Carrots Choice of Fruit Choice of Milk	11 Mini Corn Dogs Baked Beans Chex Mix Choice of Fruit Choice of Milk	12 Beefy Nacho Salsa & Cheese Corn Choice of Fruit Choice of Milk	13 Hand Carved Turkey Mashed Potato Gravy Choice of Fruit Choice of Milk	14 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk FRESH BAKED COOKIE
17	Cheeseburger Slider Baked Beans Choice of Fruit Choice of Milk	18 Breakfast For Lunch Pancakes Sausage Links Tri Potatos Choice of Fruit & Milk	19 Homemade Ital Dunker Sweet Potato Souffle Dipping Sauce Choice of Fruit Choice of Milk	20 Toasted Cheese Tomato Soup Carrot & Celery Choice of Fruit Choice of Milk Goldfish Crackers	21 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk FRESH BAKED COOKIE
	Monday Alternate Corndog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Slider	Thursday Alternate Salad	Friday Alternate Wraps