

MiddleSchool Lunch Menu

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MARCH

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
**May choose two 1/2 cup servings*

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
**May choose 1/2 cup serving*

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1 Cocca's Pizza Tossed Salad Choice of Fruit Choice of Milk Cookie
4	4 Cheese Pizza Broccoli Choice of Fruit Choice of Milk	5 Popcorn Chicken Mashed Potato Choice of Fruit Choice of Milk	6 Toasted Cheese Creamy Tomato Soup Carrot and Celery Gold Fish Cracker Choice of Fruit Choice of Milk	7 Beefy Nacho /Chips Green Beans Cheese,Salsa Refried Beans Choice of Fruit Choice of Milk	8 Papa Johns Romaine Salad Choice of Fruit Choice of Milk Cookie
11	Bosco Cheese Stick Dipping Sauce Seasoned Carrots Choice of Fruit Choice of Milk	12 Mexican Pizza Seasoned Corn Choice of Fruit Choice of Milk	13 Mini Corn Dog Baked Beans Choice of Fruit Choice of Milk Chex Mix	14 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Cookie	15 NO SCHOOL
18	Walking Taco Cheese , Salsa Lettuce Green Beans Choice of Fruit Choice of Milk	19 Cocoa's Pepperoni Rolls Dipping Sauce Glazed Carrots Choice of Fruit Choice Of Milk	20 BBQ Rib Sandwich Baked Beans Carrots & Celery Sticks Choice of Fruit Choice of Milk	21 Crispy Chicken Sanwich Waffle Fries Choice of Fruit Choice of Milk	22 Papa Johns Romaine Salad Choice of Fruit Choice of Milk Cookie
25	Pancakes Sausage Links Tri Potato Choice of Fruit Choice of Milk	26 Hot Dog w/ Topping BBQ Beans Choice of Fruit Choice of Milk	27 Crispy Popcorn Chicken Sweet Potato Souffle' Choice of Fruit Choice of Milk	28 Pasta / Meatballs Green Beans Choice of Fruit Choice of Milk	29 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Cookie
	Monday Alternate Corn dog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Sliders	Thursday Alternate Salad	Friday Alternate Wraps