

LUNCH MENU

Struthers High School

Food Service Director: Mary Spatholt
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 330-750-1062 x 41328

APRIL

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

- *Vegetables may include:**
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings
- *Fruits may include:**
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Paid \$2.75
 Reduced \$4.40
 Adult \$4.00

This institution is an equal opportunity provider

Whole Grains Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 NO SCHOOL	7 Eggo Waffles Sausage links Potato rounds Choice of fruit Choice of milk	8 Popcorn Chicken Mashed potato w / gravy Dinner roll w / butter Choice of fruit Choice of milk	9 Papa John's Pizza Romaine salad Choice of fruit Choice of milk Cookie
12 Toasted Cheese Sandwich Tomato soup Choice of fruit Choice of milk Gold fish crackers	13 Cocca's Pepperoni Roll W / dipping sauce Steamed vegetable medley Choice of fruit Choice of milk	14 Bacon Cheese Burger Side of mac - n- cheese Choice of fruit Choice of milk	15 Nacho Bell Grande Taco meat / cheese Sour cream / salsa Buttered corn Choice of fruit Choice of milk	16 Papa John's Pizza Romaine salad Choice of fruit Choice of milk Cookie
19 Teriyaki Chicken Bowl W / fried rice Choice of fruit Choice of milk Fortune cookie	20 Maxi Cheese Sticks W / dipping sauce Seasoned green beans Choice of fruit Choice of milk	21 Chicken Alfredo Steamed broccoli Dinner roll w/ butter Choice of fruit Choice of milk	22 Choice of Corn Dog or Sloppy Joe BBQ baked beans Choice of fruit Choice of milk Chips	23 Papa John's Pizza Romaine salad Choice of fruit Choice of milk Cookie
26 Choice of Chicken Quesadilla Or Mexican Pizza Buttered corn Choice of fruit Choice of milk	27 Bosco Cheese Sticks or Bosco Cheese Pepperoni Sticks w / dipping sauce Glazed carrots Choice of fruit Choice of milk	28 Spicy or Regular Chicken Sandwich Onion rings Choice of fruit Choice of milk	29 Turkey and Gravy Creamy mashed potato Dinner roll w / butter Choice of fruit Choice of milk	30 Papa John's Pizza Romaine salad Choice of fruit Choice of milk Cookie
Check out Dailey Alternates 	Choice of Salads Chicken Wraps PB&J'S Sub Sandwich	Egg Salad Sandwich Tuna Salad Sandwich	