

# Lunch Menu

## Struthers Middle School

Food Service Director: Mary Spatholt  
 Mary.Spatholt@strutherscityschools.org  
 330-750-1062 x 41328

**MAY**

# Wildcats

### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

**\*Students must choose at least one fruit or vegetable**

### Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:

- Broccoli Florets
  - Baby Carrots
  - Dark Leafy Greens
  - Legume Salads
  - Celery & Cucumber
- \*May choose two 1/2 cup servings

\*Fruits may include:

- Crisp Apple
  - Sliced Peaches
  - Mixed Fruit
  - Fresh Orange
  - Banana
  - Pineapple Tidbits
  - Diced Pears
  - Applesauce
- \*May choose 1/2 cup serving

**MENUS SUBJECT TO CHANGE**

### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
 Fat Free White and Low Fat White

Paid \$.xx  
 Reduced \$.xx  
 Adult \$4.00

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	Buttermilk Pancakes Tri potato Sausage links Choice of fruit Choice of milk	4 Toasted Cheese Tomato soup Carrot / celery sticks w/ dip Choice of fruit Choice of milk Goldfish crackers	5 Mini Corn Dogs Baked beans Choice of fruit Choice of milk	6 Hard Shell Beef Taco Shredded cheese Lettuce / salsa Choice of fruit Choice of milk	7 Cocca's Pizza Salad w/ choice of Ranch or Italian dressing Choice of fruit Choice of milk Choice of cookie
10	Pepperoni Rolls W / dipping sauce Steamed broccoli Choice of fruit Choice of milk	11 Past with Meatballs Roll w / butter Celery w / dip Choice of fruit Choice of milk	12 Hamburger on Bun With toppings French fries Choice of fruit Choice of milk	13 Popcorn Chicken Bites Creamy mashed potato Choice of fruit Choice of milk	14 Papa John's Pizza Salad w / choice of Ranch or Italian dressing Choice of fruit Choice of milk Choice of cookie
17	Chicken Quesadilla Buttered corn Choice of fruit Choice of milk	18 4 Cheese French Bread Pizza Seasoned green beans Choice of Fruit Choice of milk	19 <b>NEW ITEM</b> Pepperoni Pizzable Bites W / dipping sauce Tri potato Choice of fruit Choice of milk	20 Bosco Cheese Sticks Buttered carrots Choice of fruit Choice of milk	21 Cocca's Pizza Salad w / choice of Ranch or Italian dressing Choice of fruit Choice of milk Choice of cookie
24	Mexican Pizza Salad w / dressing Choice of fruit Choice of milk	25 Crispy Chicken Sandwich Waffle fries Choice of fruit Choice of milk	26 Hot Dog on Bun W / toppings BBQ baked beans Choice of fruit Choice of milk	27 <b>COOK'S CHOICE</b>  Choice of fruit Choice of milk	28 Papa John's Pizza Salad w / dressing choice Choice of fruit Choice of milk Choice of cookie <b>EARLY RELEASE</b>
31					
	<b>Check out Daily Alternates</b> 	Choice of Salads Chicken Wraps PB&J'S Sub Sandwich			