

Struthers High School Lunch Menu

Food Service Director: Dru Clyde
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MAY

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
**May choose two 1/2 cup servings*

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
**May choose 1/2 cup serving*

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Quesadilla Glazed Carrots Choice of Fruit Choice of Milk	2 Chicken Parm Broccoli Choice of Fruit Choice of Milk	3 Papa Johns Toss Salad Choice of Fruit Choice of Milk COOKIE
6 Mexican Pizza Green Beans Choice of Fruit Choice of Milk	7 Walking Taco Cheese, Salsa Lettuce Green Beans Choice of Fruit	8 Popcorn Chicken Mashed Potato Choice of Fruit Choice of Milk	9 Hamburger Baked Beans Choice of Fruit Choice of Milk Snack Bag	10 Cocca's Pizza Toss Salad Choice of Fruit Choice of Milk Cookie	
13 Maxi Sticks Broccoli Choice of Fruit Choice of Milk	14 Cheeseburger Slider French Fries Choice of Fruit Choice of Milk	15 Italian Dunkers Dipping Sauce Green Beans Choice of Fruit Choice of Milk	16 BBQ Rib Sandwich Baked Beans Choice OF fruit Choice of Milk	17 Papa Johns Toss Salad Choice of Fruit Choice of Milk COOKIE	
20 Spicy Chicken Bowl Rice Corn Choice of Fruit Choice of Milk	21 Beefy Nacho /Chips Cheesy Refried Beans Cheese Salas Choice of Fruit Choice OF Milk	22 Pancakes Potato Rounds Sausage Links Choice of Fruit Choice of Milk	23 Chicken Sandwich Mashed Potato / Gravy Choice of Fruit Choice of Milk	24 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk COOKIE	
27 Memorial Day No School	28 COOKS CHOICE	29 COOKS CHOICE			
Monday Alternate Corndog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Sliders	Thursday Alternate Mexican Pizza	Friday Alternate Wraps	