Lunch Menu
Struthers High School

Food Service Director: Dru Clyde
Dru.Clyde@strutherscityschools.org
330-750-1062 x 41328

August-September

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
Students must choose at least one fruit or vegetable

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
***May choose two 1/2 cup servings**

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
***May choose 1/2 cup serving**

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid $x.xx
Reduced $.xx
Adult $

This institution is an equal opportunity provider

Whole Grains Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Hamburger Sliders Vegetable Choice of fruit Choice of milk	**SEPTEMBER 1st** Pancakes Tri potato Sausage links Choice of fruit Choice of milk	2 Corn Dogs Baked beans Choice of fruit Choice of milk	3 NO SCHOOL	4 NO SCHOOL
Monday Alternate	**Tuesday Alternate**	**Wednesday Alternate**	**Thursday Alternate**	**Friday Alternate**